



SERVICE PRACTICUM OPPORTUNITY

Service Practicum placements involve volunteering as an experience of personal growth, vocational discernment, and community engagement. Placement types vary depending on student interest and program major. If the option below interests you, reach out to the contact person to begin the conversation (*denotes their preferred contact method).

Website: columbiabc.edu/experiential-learning

Experiential Learning Director: Jeff Peters – jeff.peters@columbiabc.edu

Service Practicum Assistant: Kelly Ens – kelly.ens@columbiabc.edu

ORGANIZATION: Big Brothers Big Sisters of Langley

CONTACT PERSON: Jacqueline Cox

***EMAIL:** admin.langley@bigbrothersbigsisters.ca

PHONE:

POSITION TITLE: Group Program Volunteer

JOB DESCRIPTION: Go Girls! is a group mentoring program for female-identifying youth in grades 4 - 7 (age requirement may vary depending on the location of the program) that focuses on physical activity, balanced eating, and self-esteem. The single, most important goal of the program is to positively shape the lives of young people by helping them build a positive self-image - setting them on a path to reach their full potential in life.

Game On! is a group mentoring program that provides male-identifying youth in grades 4 - 7 (age requirement may vary depending on the location of the program) with information and support to make informed choices about a range of healthy lifestyle practices. Through participating in traditional and non-traditional physical activities, complemented with healthy eating support, participants are engaged in life skills, communication, and emotional health discussions designed to engage participants in the pursuit of life-long healthy lifestyles.

Children who participate in Explorations choose from a list of different topics to explore such as: drawing/sketching, drama, baking, mixed media art, science, etc. Mentors from the Langley community provide a safe and fun atmosphere to assist children in building their skills in their chosen Explorations topic through interactive learning and demonstrations.

-The program strives to do the following:-

Create appreciation for the benefits of an active, healthy lifestyle

Provide children and youth with the skills and support they need to learn a new hobby

Promote the importance of positive mental health and regular physical activity

Instill respect for diversity and community

Encourage leadership skills and independent thinking

Create a positive environment for children to develop new friendships



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JOB DESCRIPTION

cont'd

Establish healthy and trusting relationships with their mentors
Provide children with interactive learning sessions in a fun and safe atmosphere
Promote healthy decision-making skills

SKILLS REQUIRED:

Applicant must live, work or attend school in the Township or City of Langley. Volunteers must have a positive attitude toward active living, balanced eating, and a positive self-image.
Applicants must commit to attending weekly 2-hour sessions for 8 weeks

CRIMINAL RECORD

CHECK REQ'D:

Yes

NOTES:

To apply, visit <https://langley.bigbrothersbigsisters.ca/volunteer/>

SERVICE LOCATION:

Langley

TRANSPORTATION:

Student must have own transportation

DAY(S) OF THE WEEK:

Day is negotiable and/or may vary week to week

TIME FRAME:

After school