

Program Description

Columbia's **Psychology program** develops graduates who possess the foundational skills and knowledge required to work effectively with individuals across diverse contexts, including church ministry. Tailored for students seeking to integrate their Christian faith with their understanding of human behaviour, students who take this program will develop a foundational understanding of core psychological concepts and theories. Graduates of this program grow in both academic and applied skills which will prepare them for work in the helping profession or for future graduate studies in counselling.

Program Objectives

1. Students will gain a foundational, psychological understanding of human behaviour through knowledge-based classroom learning.
2. Students will consider psychological concepts and theories from a Christian theological perspective.
3. Students will have the opportunity to develop essential core skills to work effectively with others in a helping capacity through experiential learning opportunities.
4. Students will have the opportunity to develop their academic skills to prepare them for potential graduate studies in counseling or psychology.
5. Students will explore self-management, self-care, and spiritual formation—increasing their personal spiritual, physical, and mental health so as to be better able to serve others.